



Positivity With Purpose, LLC Contact US Today!

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Positivity with Purpose ™
Health Program is a
Resilient Behavior-Change
program that can help
you lose weight and
feel recharged

## **Our Inspiring HOPE Mission**

We're on a mission to help individuals feel recharged, build resilience and strengthen their ability to overcome challenges, while working towards their weight loss goals.

By helping our participants create a sustainable lifestyle, we ensure they're set up to achieve lasting positive health outcomes.



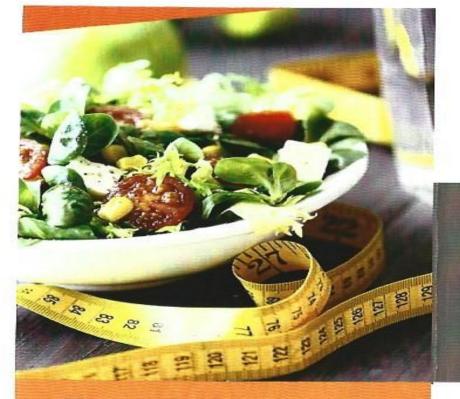


Are you struggling with weight loss and one of the following health issues?

Diabetes, cholesterol or blood pressure

If so, Positivity with Purpose TM can help!

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## **Our Commitment**

"I find that I am more levelheaded, calmer and more present."

"Overall, this program has helped me organize my work-life in a way that has let me take control of my personal life."

Fostering a resilient and sustainable lifestyle can help to relax and unwind

We accept HSA and FSA for eligible participants, subject to a provider visit and letter of medical necessity.



## What sets us apart is our Resilient Behavior-Change approach!

We address the root cause of chronic health issues, helping you build resilience and capacity to achieve lasting positive health outcomes.

Our program's goal is to help you lose weight, boost confidence and feel recharged!



## Our Purpose: Your Positivity

We offer a 90-Day Health
Program for Weight Loss through
our Resilient Behavior-Change
program. In this program, we'll
explore tools and techniques
to help reduce stress, balance
meals, and support weight loss.

We'll also explore strategies to build resilience and enhance your ability to overcome challenges, leading to positive and lasting health outcomes.